

# 2024 IN HOUSE KARATE TOURNAMENT



FRIDAY,  
March 22nd

VENDREDI,  
le 22 Mars

5:30 - 6:30  
Tykes Members

6:45 - 8:30  
White to Black Belt  
— Katas —

Orange to Black Belt  
— Sparring —



## DOUVRIS

Karate • Fitness • Leadership

[www.douvrissaylmer.com](http://www.douvrissaylmer.com)

[info@douvrissaylmer.com](mailto:info@douvrissaylmer.com)

\$20.00  
CASH

Register in advance at  
the Front Desk

Medals for  
1st, 2nd, 3rd  
and Participation