

DOUVRIS

Karate • Fitness • Leadership



MAY 2024 DOUVRIS MARTIAL ARTS AYLMEYER BLACK BELT INFORMATION

PREPARATION CLASSES - Attendance is Mandatory

SATURDAY, January 27	1:00 p.m. - 2:30 p.m.
SATURDAY, February 10 and 24	1:00 p.m. - to be determined
SATURDAY, March 9 and 23	1:00 p.m. - to be determined
SATURDAY, April 6	1:00 p.m. - to be determined

RED STRIPE TEST - Attendance is Mandatory

SATURDAY, April 20	1:00 p.m. - to be determined
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BLACK BELT GRADING - BLACK BELT TEST - Attendance is Mandatory

SATURDAY, May 4th	1:00 p.m. - to be determined
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2024 BLACK BELT CEREMONY - Attendance is Mandatory

SATURDAY, May 11	3:00 p.m. - 4:30 p.m. Families & Friends are welcome
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As a BBM Member, you are welcome to attend up to Four Classes per Week as a Student.

You MUST attend at least TWO Scheduled Karate Classes Per Week as a Student.

You MUST attend TWO classes per week as an Instructor in the Tykes and/or White to Orange Belts. Schedule is attached.

Arrive at the Dojo 10 to 15 minutes before the Prep Classes.

You may bring a water bottle for the Prep Class Break.

The length of time for each Prep class will extend with each passing week beginning Saturday, February 10th.

BLACK Stripes will be awarded at undetermined Prep Classes.

Please make sure your Red Gi or Black Gi is clean for the Prep Classes, Red Stripe Test, the Grading and the Ceremony.

The location for Prep Classes, Red Stripe Test, Grading and Ceremony is Douvril Aylmer, 61 Symmes Street, Aylmer, Quebec.

Please contact us if you have any questions or concerns.

Thank you,
Sensei Kirk

WORK - FOCUS - POWER - DETERMINATION - STRENGTH - SHARE YOUR PROGRESS - DO IT FOR YOU!

EARLY IS ON TIME. ON TIME IS LATE. LATE IS UNACCEPTABLE.